

Integrative Mindbody Therapy

Training criteria:

Diploma – IMT Practitioner

To qualify for the diploma as an **IMT Practitioner**, you are asked to further demonstrate the following:

- 20 training days
- 20 hours of supervised practice integrating IMT.
- 25 hours of psychotherapy, ideally with a relational psychotherapist
- A case study demonstrating integration of IMT within your practice.
- A dissertation (min 6000 words) on a topic agreed by the two of us, covering the integration of relational psychotherapy, trancework and bodywork.