



VALIDATED TRAINING
General Hypnotherapy Standards Council

**SURRENDER TO FLOW:
RELATIONAL, EMBODIED TRANCEWORK
London, 18-22 June 2010. Cost £435**

with Asaf Rolef Ben-Shahar

A five-day training course focusing on hypnotic work within relational psychotherapy. Comprising a major part of the GHsC validated training in hypnosis.

This is an exciting programme, first of its kind, aimed at equipping therapists (and trainee psychotherapists) with theoretical and clinical knowledge of relational hypnosis.

During these five days we will:

- Familiarize ourselves with the innovative flow-theory of trance
- Examine theories of trance in psychoanalytic, Ericksonian and post-Ericksonian work.
- Learn how to identify naturally occurring trances, open to them and invite the other inside.
- Work and experiment with interpersonal trances and 'wider mind'.
- Explore the connections between relationality and hypnosis.
- Explore ways of incorporating body in trancework.
- Work hypnotically with the intersubjective analytic third: discover the wonders of relational hypnosis.

About Dr Asaf Rolef Ben-Shahar, PhD

I am a relational psychotherapist, writer and trainer. My work integrates three disciplines of practice – relational psychotherapy (drawing from psychoanalytic thinking), body-psychotherapy and trancework. I practice in Israel and teach in Israel and Europe. My PhD dissertation, *Surrender to Flow*, introduced a unifying theory of trance, embodiment and relationality and is the basis for this training programme.

Training is done in small, intimate groups, so early booking is highly recommended.

For more details, questions or registration please contact me via email: asaf@imt.co.il